

Angels Surviving Cancer, Inc.

MY VOICE. MY HEALTH.

Advocacy & Wellness Experience

A different experience created to uplift, empower, and support women in using their voice when it comes to their wellness, confidence, and future.



Saturday, May 31, 2025 | 11:00 AM – 4:00 PM | Houston, TX

Featured Speakers



**Dr. Jacqueline
Jones-McKinney**

Medical Clinical Psychologist

My Voice



**Dr. Teriya
Richmond**

Family Medical Physician

My Health



**Dr. Tiffany
Avery**

Oncologist

Advocacy and Wellness



**MAKE
THE PLEDGE
TODAY!**



COMMIT *to Your Health.*



SCHEDULE *Your Mammogram.*



EARLY DETECTION
Saves Lives.

YOUR HEALTH. YOUR LIFE. YOUR FUTURE.

We're With You Every Step of the Way.

Celebrating 15 Years of Impact

2011 – 2026

For 15 years, Angels Surviving Cancer, Inc. has stood as a beacon of hope, faith, education, and sisterhood — walking alongside women and families impacted by breast cancer.

♥ We Celebrate

- Survivors who are thriving
- Families strengthened through support
- Scholarships awarded to graduating seniors
- Community outreach & breast health awareness
- Partnerships with healthcare leaders
- Faith, fellowship, and sisterhood
- 15 years of continuous 501(c)(3) service
- The Angels who transitioned to eternal rest
- Caregivers and loved ones
- Donors, sponsors, Guardian Angels, and volunteers
- Board members past and present

15

Years of Service | 2011–2026

*Together we stand.
Together we serve.
Together we carry the legacy forward.*

♥ Our Commitment

*From diagnosis to survivorship —
No woman walks alone.*

15-Year Anniversary & Giving Campaign

**\$1
FOR 15 YEARS**

ANNIVERSARY
CAMPAIGN

Give \$1 for every
year of impact

"\$1 started it. 15 years sustained it. Your \$15
strengthens the future."

Donate \$15

Celebrate 15 Years by giving \$1 for each year of
service

Scan to Give \$15 → givebutter.com



SPONSORSHIP TIERS — Make an Impact. Change a Life. Leave a Legacy.

ANGELS SURVIVING CANCER, INC.
Cancer Awareness. Resources. Encouragement.

\$1 FOR 15 YEARS ANNIVERSARY CAMPAIGN
Give \$1 for every year of impact.

15 YEAR ANNIVERSARY CELEBRATION

Donate \$15
Celebrate 15 Years by Giving \$1 for Each Year of Service

\$1 started it. 15 years sustained it. Your \$15 strengthens the future.

SPONSORSHIP TIERS

Make an Impact. Change a Life. Leave a Legacy.

♥ \$15 LEGACY FRIEND
Provides encouragement and hope.

- ✓ Honor 15 Years of Impact
- ✓ Name on Website
- ✓ Thank You Post

👉 \$50 CARE BAG SPONSOR
Sponsors woman with a Care Bag of essentials

- ✓ Everything in \$15 Tier
- ✓ Recognition on Social Media
- ✓ Impact Update

👑 \$150 CHAMPION SPONSOR
Sponsors 3 women on their journey.

- ✓ Everything in \$50 Tier
- ✓ Recognition on Events
- ✓ Quarterly Impact Report

👑 \$500 LEGACY PARTNER
Sponsors 10 women and creates lasting change.

- ✓ Everything in \$150 Tier
- ✓ Legacy Certificate
- ✓ Recognition at Events
- ✓ Legacy Certificate

MONTHLY GIVING: JOIN THE C.A.R.E. CIRCLE

Sustained Giving. Sustained Impact.

♥ \$15/MONTH HOPE PARTNER
Provides prayer, support and encouragement.

♥ \$25/MONTH CARE PARTNER
Ongoing assistance for women in treatment.

♥ \$50/MONTH IMPACT PARTNER
Provides vital resources for more sponsor's greater impact.



Scan to Give \$15 →

angelsurvivingcancer.org | 281-912-5195

♥ \$1 STARTED IT. 15 YEARS SUSTAINED IT. YOUR \$15 STRENGTHENS THE FUTURE. ♥

Monthly Giving: Join the C.A.R.E. Circle

Sustained Giving. Sustained Impact.

\$15/MONTH

HOPE PARTNER



Provides prayer, support, and encouragement to women on their breast health journey.

\$25/MONTH

CARE PARTNER



Provides ongoing assistance for women in active treatment.

\$50/MONTH

IMPACT PARTNER



Provides vital resources for more women — creating even greater impact.

YOUR HEALTH. YOUR LIFE. YOUR FUTURE. — We're With You Every Step of the Way.



Together We Stand.

Together We Serve.

angelsurvivingcancer.org | 281-912-5195

15 Years of Service | 2011–2026



My Voice, My Health Talk Show



Dr. Jacqueline Jones-McKinney

Medical Clinical Psychologist

My Voice

MY VOICE. MY HEALTH. • Advocacy & Wellness Experience

About

Dr. Jacqueline Jones-McKinney brings compassion, expertise, and lived experience to help women find and use their voice in navigating health, wellness, and life decisions. As a Medical Clinical Psychologist, she guides attendees in unlocking their inner strength and advocating for themselves with confidence.

Topics Covered

- Mental wellness and self-advocacy
- The psychology of health decision-making
- Building confidence to speak up in medical settings
- Healing through community and sisterhood



Dr. Teriya Richmond

Family Medical Physician

My Health

About

Dr. Teriya Richmond is a dedicated Family Medical Physician committed to empowering women with the knowledge they need to take charge of their health. She provides practical, compassionate guidance on preventive care, breast health, and navigating the healthcare system.

Topics Covered

- Preventive care and breast health screenings
- Understanding your health numbers and risk factors
- How to communicate effectively with your doctor
- Whole-body wellness for women



Dr. Tiffany Avery

Oncologist

Advocacy & Wellness

About

Dr. Tiffany Avery is an oncologist dedicated to improving outcomes for women facing cancer through early detection, advocacy, and comprehensive wellness support. She brings deep clinical knowledge and a warm, empowering approach to help women become their own best health advocates.

Topics Covered

- Early detection and the importance of mammograms
- Understanding a breast cancer diagnosis
- Navigating treatment options and resources
- Survivorship, advocacy, and thriving after cancer

Make Your Mammogram Commitment

For our community. For our sisters. For ourselves.

Schedule Today



Why This Matters for Black Women

Black women face unique breast cancer challenges that make early screening critical.

41%

higher breast cancer
mortality rate for
Black women

*Despite similar incidence rates
to white women.*

99%

5-year survival rate
when breast cancer
is caught early

*Mammograms are the key to
closing this gap.*

The Numbers We Need to Know



1 in 8

Black women will be diagnosed with breast cancer in their lifetime



38%

higher mortality rate for Black women than white women



73%

of Black women aged 40+ had a mammogram in the past 2 years

Understanding the Disparity



41%

Higher mortality rate for Black women despite similar incidence

46%

Of uninsured women had a recent mammogram vs. 79% insured

2x

More likely to be diagnosed with aggressive triple-negative breast cancer

Updated Screening Guidelines

Mammograms now recommended starting at age 40 for all women.

| | |
|------------------|--|
| 40-44 | Option to start annual screening mammograms |
| 45-54 | Annual mammograms recommended |
| 40-74 | Biennial screening (USPSTF recommendation) |
| High Risk | Annual mammograms + MRI starting at age 25-30 <i>talk to your doctor about starting earlier if you have a family history or other risk factors.</i> |

Sources: USPSTF (2024), ACS, American College of Radiology



Barriers in Our Community

48%

of women recommended
a mammogram have
postponed or avoided it

The Harris Poll / Hologic, 2025

Lack of insurance or
financial resources

No nearby screening
facility or transportation

Difficulty taking time off
work for appointments

Fear, distrust of the
healthcare system

CDC Vital Signs, 2024: Social needs are major barriers to screening.



Busting the Myths



"Mammograms are painful"

The exam takes under 30 minutes with brief compression. A late diagnosis means months of complex treatment.



"I don't have a family history"

Most breast cancers occur in women with no family history. Black women are also more likely to develop aggressive subtypes.



"I can't afford it"

Free and low-cost mammograms are available through the CDC's National Breast and Cervical Cancer Early Detection Program.



How to Prepare



Schedule after your period when breasts are less tender



Skip deodorant, powder, and lotion on the day



Wear a two-piece outfit for easy access



Bring previous mammogram records if available



The entire appointment takes about 30 minutes



Share any concerns with your technologist

Source: American Cancer Society, MD Anderson Cancer Center





Take the Mammogram Pledge

I pledge to schedule my screening mammogram
and encourage my sisters to do the same.

*Our community deserves early detection.
Our health is worth 30 minutes.*

I'm Scheduling Mine



Resources for Our Community



National Breast Cancer Foundation

Free mammograms for uninsured women — nationalbreastcancer.org



CDC Early Detection Program

Free or low-cost screening for underserved women — cdc.gov/cancer/nbccedp



Angels Surviving Cancer, Inc.

Angels surviving Cancer.org



Talk to Your Doctor

Discuss your risk factors and create a personalized screening plan

Your mammogram could save your life. Schedule it today.

